



## Thanksgiving Menu Heating Instructions – 2022

11 Wheeler Rd., Concord – 978-369-4494

**Butternut Puree** – Put into ceramic or glass dish and heat in microwave, 3-4 min, stirring halfway, or put in double boiler on stovetop.

**Mashed Potatoes** – Best heated in double boiler on stovetop (add a little milk if necessary), stirring a few times until heated through.

**Gravy** – Heat in a double boiler on stovetop, slowly, stirring often. Can be microwaved.

**SIDE DISHES BELOW: REMOVE THE PLASTIC COVER BEFORE HEATING. TAKE DISH OUT OF THE REFRIGERATOR 30 MIN. AHEAD AND HEAT IN A 350 DEGREE OVEN, COVERED WITH FOIL, FOR 30 MIN.**

**Stuffing** – Heat in oven at 350 degrees for 30 minutes, COVERED with aluminum foil.

**Creamed Peas and Pearl Onions** – as above

**Maple Roasted Sweet Potatoes** – as above

**Braised Brussels Sprouts** – as above

**Always check to see if the dish is hot enough, giving it a gentle stir. Return to oven for a few more minutes to reach desired temp.**

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## Turkey Preparation & Roasting Instructions

The traditional method for roasting a turkey, unstuffed, is as follows:

Place on rack in roasting pan, brush with oil, sprinkle with salt and pepper and herbs, and roast at 325 degrees. Use a generous amount of herbs as they will help to flavor the gravy drippings. Do not cover, but start basting after some juices have accumulated in the pan.

Remember that all ovens are different; therefore it is important to check for doneness with an instant read thermometer. The turkey will be safely done when the internal temp. of the thickest part of the thigh reaches 175 degrees or breast 165 degrees.

The time for roasting, unstuffed, is 10 min. per pound.

Add 2-5 min. per pound for a stuffed bird and also check the center of the stuffing for 165 degrees.

**Stuffing can be made ahead, refrigerated, and put in bird just before roasting.**

**(It has been our experience that the Stonewood Farm turkeys are done in less time than recommended).**



## Thanksgiving Menu Ingredients List – 2022

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**Whole Cranberry Sauce** – New England cranberries, sugar.

**Butternut Squash** – Verrill Farm butternut squash, butter (cream (milk), natural flavoring) salt and pepper.  
Contains: Dairy.

**Mashed Potatoes** - potatoes, milk, butter (cream (milk), natural flavoring), salt, pepper. Contains: Dairy.

**Herb Stuffing** - bread, turkey broth (turkey, onions, carrots, celery, herbs), chicken broth (Chicken meat, natural chicken juices, salt, sugar, chicken fat, hydrolyzed (corn & wheat gluten, soy), protein, dried whey, maltodextrin, natural flavors, hydrogenated, cottonseed oil, corn oil, disodium inosinate, disodium guanylate, autolyzed yeast extract, lactic acid, dextrose, natural extractives of turmeric and annatto), butter (cream (milk), natural flavoring), herbs, celery, onions, salt, pepper. Contains: Dairy, Wheat.

**Turkey Gravy** - Fresh turkey broth (turkey, onions, carrots, celery, herbs), butter (cream (milk), natural flavoring), flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), salt, pepper. Contains: Wheat, Dairy.

**Creamed Peas and Pearl Onions** - green peas, pearl onions, bread crumbs, Japanese bread crumbs (Wheat flour, sugar, yeast, salt), herbs, milk (vitamins C&D3), butter (cream (milk), natural flavoring), flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), salt, pepper.  
Contains: Dairy, Wheat

### **Cranberry Walnut Kale Salad**

Kale, bell peppers, carrots, red cabbage, red onions, walnuts, sunflower seeds, dried cranberries (cranberries, cane sugar, sunflower oil), raspberry vinegar (Red wine vinegar, raspberry juice & flavor, sodium bisulfate), olive oil, cranberry juice, honey, garlic, mustard, salt and pepper. Contains Nuts.

**Maple Roasted Sweet Potatoes**- Sweet potatoes, blended olive oil, roasted red onions, spinach, maple syrup, balsamic vinegar, kosher salt, black pepper.

**Braised Shredded Brussels Sprouts**- Fresh Brussels sprouts, leeks, shallots, blended olive oil, white wine, butter, salt, black pepper.

**Apple Pie** - butter (cream (milk), natural flavoring), sugar, brown sugar, flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), salt, apples, cinnamon, nutmeg. Contains: Dairy, Wheat.

**Pecan Pie** - flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), sugar, butter (cream (milk), natural flavoring), salt, eggs, dark corn syrup (refiners syrup, caramel flavor, salt, sodium benzoate, caramel color), pecans. Contains: Wheat, Dairy, Egg, Nuts.

**Kentucky Bourbon Pie** - butter (cream (milk), natural flavoring), sugar, flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), salt, brown sugar, dark corn syrup (Refiners syrup, caramel flavor, salt, sodium, benzoate, caramel color), bourbon, eggs, pecans, semi-sweet

chocolate (unsweetened chocolate, sugar, dextrose, cocoa butter, sunflower lecithin). Contains: Dairy, Wheat, Egg, Nuts.

**Pumpkin Pie** - flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), sugar, butter (cream (milk), natural flavoring), eggs, pumpkin, cinnamon, ginger, cloves, evaporated milk (milk dipotassium phosphate, carrageenan, vitamin D3), salt. Contains: Wheat, Dairy, Egg.

**Pumpkin Cheesecake** – graham cracker, brown sugar, butter (cream (milk), natural flavoring), pumpkin, egg, cinnamon, nutmeg, ginger, salt, sugar, cream cheese, vanilla, sour cream, cornstarch. Contains: Wheat, Egg, Dairy.

**Butter Pecan Cake**- butter (cream (milk), natural flavoring, sugar, sour cream, vanilla extract, eggs, flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid),, baking powder, salt, milk, pecans, dark corn syrup (Refiners syrup, caramel flavor, salt, sodium, benzoate, caramel color), dark brown sugar. Contains: Wheat, Dairy, Eggs, Pecans.

**Apple Bread Pudding**- bread, milk, cream, eggs, sugar, salt, vanilla extract, cinnamon, nutmeg, apples. Contains: Wheat, Dairy, Eggs.

**Pumpkin Apple Bread** - flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), sugar, cinnamon, butter (cream (milk), natural flavoring), salt, baking soda, oil, pumpkin, apples, eggs. Contains: Wheat, Dairy, Egg.