

Sausage & Vegetable Strada

Heat Oven to 350

Spray 7" or 8" baking or saute pan

- 1 1/2 cups Cubed Bread
- 1/4 cup Diced Roasted Peppers (canned or fresh)
- 1 each Sweet Italian Sausage link , cooked
- 1 cup Baby Spinach
- 1 cup Diced Onion
- 1/2 tsp Salt
- 1 cup Shredded Monterey Jack Cheese



Toast the bread in the oven about 15-20 minutes until dry.

Slice the sausage in half length wise and slice in 1/2 inch slices.

Cook onions over low heat in oil until they begin to brown.

Mix the bread, sausage, onions, spinach, salt and cheese in a bowl and place in your pan.

For the custard mix

- 5 Eggs
- 1/2 cup Cream
- 3/4 cup Milk

Combine all ingredients and mix well.

Pour the custard mix over the filling and bake 20-30 minutes until set.

